

Disability and Chronic Illness

BOOKS AND OTHER RESOURCES

FOR CHILDREN

- The Deaf Musicians by Pete Seeger
- Emmanuel's Dream: The True Story of Emmanuel Ofose Yeboah by Laurie Ann Thompson
- A Friend for Henry by Jenn Bailey
- Hello Goodbye Dog by Maria Gianferrari
- I Will Dance by Nancy Bo Flood
- Just Ask! Be Different, Be Brave, Be You by Sonia Sotomayor
- My Friend Isabelle by Eliza Woloson
- The Pirate of Kindergarten by George Ella Lyon
- Rescue and Jessica: A Life-Changing Friendship by Jessica Kensky
- Six Dots: A Story of Young Louise Braille by Jen Bryant
- The Sound of All Things by Myron Uhlberg

FOR MIDDLE-GRADE READERS

- Fish in a Tree by Lynda Mullaly Hunt
- Freak the Mighty by Rodman Philbrick
- I Am Not a Label: 34 Disabled Artists, Thinkers, Athletes and Activists from Past and Present by Carrie Burnell
- Insignificant Events in the Life of a Cactus by Dusti Bowling
- Not So Different: What You Really Want to Ask About Having a Disability by Shane Burcaw
- Out of My Mind by Sharon Draper
- Roll with It by Jamie Sumner
- Rules by Cynthia Lord
- Show Me a Sign by Ann Clare LeZotte
- Song of a Whale by Lynne Kelly
- A Sporting Chance: How Ludwig Guttman Created the Paralympic Games by Lori Alexander
- The War that Saved My Life by Kimberly Brubaker Bradley
- Wonder by R.J. Palacio
- Wonderstruck by Brian Selznick
- You Don't Know Everything, Jilly P! by Alex Gino



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FOR TEENS

- The Ables by Jeremy Scott
- Blind by Rachel DeWoskin
- How We Roll by Natasha Friend
- I Have No Secrets by Penny Joelson
- Laughing at my Nightmare by Shane Burcaw
- List of Cages by Robin Roe
- Meet Me in Outer Space by Melinda Grace
- Not if I See You First by Eric Lindstrom
- The Running Dream by Wendelin Van Draanen
- She is Not Invisible by Marcus Sedgwick
- The Silence Between Us by Alison Gervais
- Stoner and Spaz by Ron Koertge
- Things Not Seen by Andrew Clements
- This Is Not a Love Scene by S.C. Megale
- A Time to Dance by Padma Venkatraman
- Turtle Boy by M. Evan Wolkenstein
- Unbroken: 13 Stories Starring Disabled Teens
- We Should Hang Out Sometime: Embarrassingly, A True Story by Josh Sundquist

ADULT FICTION

- Always Only You by Chloe Liese
- The Condition by Jennifer Haigh
- Get a Life, Chloe Brown by Talia Hibbert
- Left Neglected by Lisa Genova
- A Piece of the World by Christina Baker Kline
- The Revised Fundamentals of Caregiving by Jonathan Evison



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ADULT NONFICTION

- About Us: Essays from the Disability Series of the New York Times
- Autobiography of a Face by Lucy Grealy
- Being Heumann by Judith Heumann
- Care Work: Dreaming Disability Justice by Leah Lakshmi Piepzna-Samarasinha
- Crip Theory: Cultural Signs of Queerness and Disability by Robert McRuer
- Deaf Republic by Ilya Kaminsky
- Disability Visibility edited by Alice Wong
- From the Periphery: Real-life Stories of Disability by Pia Justesen
- Golem Girl by Riva Lehrer
- Gone: A Memoir of Love, Body, and Taking Back My Life by Linda K. Olson
- Haben: The Deafblind Woman Who Conquered Harvard Law by Haben Girma
- If at Birth You Don't Succeed: My Adventures with Disaster and Destiny by Zach Anner
- Invisible: How Young Women with Serious Health Issues Navigate Work, Relationships, and the Pressure to Seem Just Fine by Michele Lent Hirsch
- Limbo: A Memoir by A. Manette Ansay
- More Alike Than Different: My Life with Down Syndrome by David Egan
- No Barriers: A Blind Man's Journey to Kayak the Grand Canyon by Erik Weihenmayer
- No Pity: People with Disabilities Forging a New Civil Rights Movement by Joseph P. Shapiro
- The Pretty One: On Life, Pop Culture, Disability, and Other Reasons to Fall in Love with Me by Keah Brown
- Raising a Rare Girl by Heather Lanier
- Say Hello by Carly Findlay
- Sitting Pretty by Rebekah Taussig
- The Sound of a Wild Snail Eating by Elisabeth Tova Bailey
- Strangers Assume My Girlfriend is My Nurse by Shane Burcaw
- Strong at the Broken Places: Voices of Illness, A Chorus of Hope by Richard M. Cohen
- Such a Pretty Girl: A Story of Struggle, Empowerment, and Disability Pride by Nadina LaSpina
- There Plant Eyes: A Personal and Cultural History of Blindness by Leona M. Godin
- An Uncomplicated Life: A Father's Memoir of His Exceptional Daughter by Paul Daugherty
- What Doesn't Kill You: A Life with Chronic Illness—Lessons from a Body in Revolt by Tessa Miller
- Wheels of Courage: How Paralyzed Veterans from World War II Invented Wheelchair Sports, Fought for Disability Rights, and Inspired a Nation by David Davis
- The Ultimate Guide to Sex and Disability: For All of Us Who Live with Disabilities, Chronic Pain, and Illness by Miriam Kaufman

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BOOKS AND OTHER RESOURCES

MOVIES

- Blindsight
- CinemAbility
- Crip Camp (Netflix)
- Invitation to Dance
- When We Walk

ORGANIZATIONS AND WEBSITES

- The Arc of Illinois: www.thearcofil.org
- Advocates for Access: www.advocatesforaccess.com
- The American Association of People with Disabilities: www.aapd.com
- Equip for Equality: www.equipforequality.org
- Family Resource Center on Disabilities: www.frcd.org

Looking for more? This list is just a starting point. Call, email, or use our online chat service to ask for more recommendations.

